

ABC Alaska Presents: Soft Skills for Stronger Builders

2026 Course Schedule



As part of our commitment to workforce development, ABC Alaska offers soft skills training designed to complement technical expertise. Let's work together to build a well-rounded, future-ready workforce. All classes are virtual and open to all employees and apprentices of member companies.

CLASS	DATE	TIME	DESCRIPTION
AI in Construction **	9/22/2026	6a-1p AKST	The course emphasizes practical implementation and helps participants develop strategies for integrating AI into their daily work, regardless of their current access to AI tools.
Be An Effective Manager For Your Team	10/7/2026	7a-11a AKST	Gain an understanding of the basic fundamentals of becoming an effective manager for your team.
Best Leadership for Optimal Performance	4/23/2026 11/11/2026	7a-11a AKST	Learn proven leadership strategies to inspire teams, boost productivity, and drive performance. Build the skills to lead with confidence and achieve results.
Conflict Resolution Skills	8/11/2026	7a-11a AKST	Learn techniques to resolve workplace conflict and build a common understanding & framework for working through challenging conflict situations.
De-Escalation Training	12/1/2026	7a-11a AKST	Learn techniques to calmly manage tense situations, reduce conflict, and promote safe, respectful communication in the workplace.
Effective Communication Skills for Technical Professionals	6/10/2026 12/16/2026	7a-11a AKST	Enhance your ability to communicate complex ideas clearly & confidently. Learn skills, & strategies you need to eliminate misunderstandings.
Effective Project Management Fundamentals	5/6/2026 8/26/2026	7a-11a AKST	Overviews the basics of project management. It provides the theory & core methodology you will need to manage projects or participate on project teams
Emotional Intelligence	3/24/2026 10/20/2026	7a-11a AKST	E.I. is our ability to deal effectively with our emotions. It is critical to our success as managers & service providers.
Employee Retention	7/30/2026	7a-11a AKST	Discover strategies to retain top talent by fostering engagement, satisfaction, & growth. Learn how to build a workplace culture that supports long-term success.
Excel 2019 Introduction	4/10/2026 6/1/2026 7/17/2026	7a-2:30p AKST	Get started with Excel 2019 by learning how to navigate the interface, create & format spreadsheets, use basic formulas, & organize data efficiently. This course is perfect for beginners looking to build a strong foundation in Excel for everyday tasks and workplace productivity.
Managing Remotely for Supervisors	5/14/2026 8/19/2026	7a-11a AKST	Build confidence in leading from a distance while keeping teams engaged & productive. With effective Time Management Principles, Transformational Transparencies & Leadership Skills.
Teamwork - Building Better Teams	4/15/2026 9/4/2026	7a-11a AKST	The course will guide participants to define what a "team" is & the different kinds of teams there are. We will look at some of the benefits and pitfalls of teamwork.

ALL CLASSES

\$260 (member)

\$290 (industry partner)

\$320 (non-member)

\$360(mem) | \$385(IP) | \$400 (NM) **

REGISTRATION:

crystal@abcalaska.org

907.565.5600 | 907.565.5620

www.abcalaska.org

Registration & Cancellation Policy

Registration: You may register for a class up to 48 days prior to the scheduled date.

Cancellations: To receive a full refund, cancellations must be made at least 48 hours before the class date.

Payment Options: Payment can be made via credit card or you may choose to be invoiced.