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# **Tool Box Safety Talk # 50 12-08-2024.**

**Topic: Slips Trips Falls**

Slips, trips, and falls are among the most common causes of workplace injuries. These incidents can lead to serious injuries or fatalities if not properly managed. Today, we will discuss common causes of these accidents and practical measures to prevent them.

**Discussion Points:**

1. **Understanding Slips, Trips, and Falls:**
   * **Slips:** Occur when there is too little friction or traction between the footwear and the walking surface, causing the foot to slide.
   * **Trips:** Happen when a person’s foot strikes an object or uneven surface, causing them to lose their balance.
   * **Falls:** Result from slipping or tripping and involve falling to the ground or a lower level.
2. **Common Causes:**
   * **Slips:**
     + Wet or oily surfaces (e.g., spills, leaks)
     + Ice or snow on walking surfaces
     + Inadequate footwear
   * **Trips:**
     + Uneven or damaged walking surfaces (e.g., cracks, holes)
     + Clutter or obstructions in walkways (e.g., cables, tools)
     + Poor lighting
   * **Falls:**
     + Inadequate fall protection (e.g., missing guardrails, improper use of ladders)
     + Unsafe ladder or scaffolding use
     + Overreaching or unbalanced postures
3. **Preventive Measures:**
   * **General Practices:**
     + **Maintain Clean Work Areas:** Regularly clean up spills and debris. Use appropriate warning signs for wet areas.
     + **Improve Lighting:** Ensure all work areas are well-lit, including stairways and walkways.
     + **Proper Footwear:** Wear appropriate footwear with slip-resistant soles for working conditions.
     + **Keep Walkways Clear:** Remove or properly secure any objects that could obstruct walkways.
     + **Regular Inspections:** Conduct regular inspections of floors, stairs, and walkways to identify and repair hazards.
   * **Specific Practices:**
     + **For Slips:**
       - Use mats or slip-resistant coatings in areas prone to spills.
       - Address any liquid spills immediately and keep floor areas dry.
     + **For Trips:**
       - Fix any uneven surfaces, such as cracks or loose tiles.
       - Secure or cover any exposed cables or cords.
     + **For Falls:**
       - Use guardrails and personal fall protection when working at heights.
       - Ensure ladders and scaffolding are in good condition and used properly.
       - Follow proper procedures for climbing and working on ladders.
4. **Emergency Procedures:**
   * **First Aid:** Be familiar with basic first aid for slip, trip, and fall injuries (e.g., sprains, fractures).
   * **Reporting:** Report any hazards or incidents to the appropriate personnel immediately.
   * **Incident Documentation:** Document any accidents or near misses to help identify and correct potential hazards.
5. **Training and Awareness:**
   * **Employee Training:** Regularly train employees on identifying and avoiding slip, trip, and fall hazards.
   * **Safety Meetings:** Discuss slip, trip, and fall prevention during safety meetings and toolbox talks.
   * **Promote Awareness:** Encourage employees to be vigilant and proactive in identifying potential hazards.

Preventing slips, trips, and falls requires vigilance and proactive measures. By maintaining clean and clear work areas, using proper equipment, and being aware of potential hazards, we can reduce the risk of these common accidents and ensure a safer workplace for everyone.

Stay aware of your surroundings, keep walkways clear, and always report hazards. Preventing slips, trips, and falls is a team effort, and everyone plays a role in maintaining a safe work environment.

Safety Recommendations: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Job Specific Topics: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**TRAINING ROSTER**

COMPANY: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ JOBSITE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

## SUPERVISOR: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**# 50 Slips Trip Falls 12-08-2024.**

**ADDITIONAL TOPICS COVERED: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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